

## Program Mission

The mission of the LES School Counseling Program is to prepare every student socially, academically, and emotionally for present and future challenges and opportunities.

## Program Vision

The vision of the LES School Counseling Program is to build relevant relationships that will assist students in achieving college and career readiness.

Contact your LES  
School Counselor:

334.732.1173  
ckillough@pcboe.net

Denise  
Killough, M.Ed.  
Professional  
School  
Counselor

[ckillough@pcboe.net](mailto:ckillough@pcboe.net)

LES  
School  
Counseling  
Program



# How Do I Work With Students?

Each week students attend a large-group lesson in my classroom. I may also work with students in small-group or individually.

Additionally, I support students by collaborating with their principal, assistant principal, teachers, and parents.

Possible topics discussed in large-group guidance class:

- Importance of attending school
- How to be a good friend
- Making healthy choices (Red Ribbon Week, Anti-Bullying)
- Career Exploration
- Student work habits & skills
- Staying safe
- Self-Concept
- Growth-Mindset
- Positive self-talk

# Program Components

## Confidentiality

Discussions with the School Counselor remain confidential UNLESS:

- Someone is hurting you.
- You want to hurt someone.
- You want to hurt yourself.



## Referrals to the Counselor



Students may request to see the School Counselor. They may also be referred by parents, teachers, administration, or friends.

## Small-Group Counseling

Topics for small-group counseling could include:

- Divorce
- Military Support
- Grief
- Social Skills



## Denise Killough, M.Ed.

This is my first year as the School Counselor at Lakewood Elementary School. This is my 16th year serving as a School Counselor.

I received my undergraduate degree in Psychology from Columbus State University. I earned a Master's in School Counseling from Columbus State University in 2004.

I earned a Master's in Psychometry from the University of Alabama in 2022. Currently, I am working on an Educational Specialists' degree in School Psychology.

I believe education is a lifelong journey! I am proud to be a part of the educational journey of our LES students!

